

The Counseling Collaborative
Tia Winter, LCSW
1489 State Highway 102
Bar Harbor, ME 04609
(207)288-3388

Disclosure Statement

Office Hours: Monday – Thursday 9am - 5pm

Licensure:

License type: Licensed Clinical Social Worker License#: LC16365

Issue date: September 30, 2016 Expiration: September 30, 2018

Degrees:

Name of Degree: Master of Social Work Date conferred: 5/2014

Area of study: Social Work Institution: Simmons College

Name of Degree: Bachelor of Art Date conferred: 5/2012

Area of study: Psychology Institution: Northern Illinois University

Areas of Competence:

I work with clients using Cognitive Behavioral Therapy (CBT) and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Dialectical Behavioral Therapy (DBT), attachment-based models such as Child Parent Psychotherapy (CPP) and Attachment, Self-Regulation, and Competence (ARC), Helping the Noncompliant Child (HNC), Parent-Management Training (PMT), Play Therapy, and Motivational Interviewing (MI).

I have experience working with children of all ages, adolescents, young adults, and families in both individual and group settings. My areas of treatment specialty include trauma, attachment disorders, parenting skills, depression, anxiety, eating disorders, personality and conduct disorders, co-occurring substance use and mental health issues, and ADHD.

Accountability:

To discipline clinicians who violate the board's law or rules. To learn about the complaint process, or to file a complaint, contact:

State Board of Social Worker Licensure
35 State House Station
Augusta, ME 04333-0035
phone: (207) 624-8674
fax: (207) 624-8637
(TTY users call Maine relay 711)

Admission Policies:

All persons interested in counseling will undergo an initial intake process. Treatment issues and strengths are identified at this time. An individualized treatment plan based on the client's specific strengths including goals, and objectives will be established. Diagnosis and treatment will be a collaborative effort between client and counselor with regular progress reviews. If further clarification is needed, a full clinical bio-psychosocial assessment will be completed (*Note all MaineCare clients will complete a full assessment based on insurance requirements). Typical sessions are based on a 50 minute hour. Extended sessions are available.

All information that is obtained is strictly confidential. See Tia Winter, LCSW's Privacy Practices for the exceptions to confidentiality.

Fee Schedule & Billing:

Assessment (1-1/2 to 2 hours):	\$125.00
Individual (1 hour):	\$90.00
Family (1 Hour):	\$115.00
Group (1-1/2 hour):	\$56.00

Payment is due at the time the service is provided, unless other arrangements have been made.

Insurance companies will be billed directly, if desired, and the client will be charged the co-pay balance (which depends on the client's specific insurance coverage). Third-party insurance policies that Tia Winter, LCSW accepts, include:

- MaineCare (Note, Tia Winter, LCSW processes MaineCare claims through Cornerstone Behavioral Health)
- Anthem Blue Cross Blue Shield
- Harvard Pilgrim
- United Behavioral Health
- Optum
- Magellan

It is the client's responsibility to check with all other insurance providers about out of network coverage. Co-pays and out of pocket payments are required at the time of service.

Clients are responsible for payment if their insurance company does not pay. If payment is not received in a timely manner, the bill will be sent to a collection agency.

Cancellation Policy:

After 3 cancelled or missed appointments, therapy will need to be terminated or renegotiated. A \$35 cancellation fee will be charged if appointments are not canceled 24 hours prior to the scheduled time. This fee may be waived for emergencies at the discretion of Tia Winter, LCSW.

Clients have the right:

- To expect the counselor has met the licensure requirements of state law and rule;
- To examine a counselor's licensing credentials;
- To obtain a copy of the Code of Ethics from the Board of Counseling Professionals Licensure;
- To file a complaint against a clinical counselor with the board;
- To be informed of the cost of professional services before receiving services;

- To expect complete confidentiality except as required by law; and
- To refuse any recommended services and to be advised of the consequences of this action.